

WAXING

eyebrows	\$20	full leg	\$75
lip	\$12	1/2 leg	\$45
chin	\$12	feet	\$15
neck	\$15	full arm	\$45
face (excl. eyebrows)	\$40	1/2 arm	\$35
stomach	\$20	underarm	\$20
back	\$45	bikini	\$32
chest	\$50	Brazilian	\$65

SPA SPECIALS

Face & Body: 60 minute massage, 60 minute facial, \$195

Ultimate Face & Body: 90 minute massage, 75 minute Dr. Alkaitis Signature Facial, \$260

Face & Feet: 60 minute reflexology, 60 minute facial, \$195

Susi Laura Restoration: 90 minute Susi Laura Signature Massage, 60 Minute Dr. Alkaitis Facial, \$250

SPA PACKAGES

Available for 60, 75 or 90 minute massages and 60 minute facials

Package of 4 Massages or Facials: \$5 off each

***expires in 4 months**

Package of 8 Massages or Facials: \$10 off each

***expires in 8 months**

SPA PARTIES

Your choice of spa treatments for you and your friends. Make Susi Laura the venue for your next birthday party, bachelorette party, or girl's night out. Please call to customize your party with us.

Gift Certificates and home/office visits available.

Testimonials*

I've been seeing Susi for many years and am very happy that she has opened her wonderful Spa in Ridgefield. Susi's team of therapists at SLMT are excellent & I know that no matter which therapist I use, the results will always be great. From the heated tables to the hand picked massage products, the experience is peaceful and calming. I have a very busy schedule, and Susi's team always finds a way to accommodate my appointment requests. SLMT has become a key component to my training regimen. They ask about my needs, and more importantly, they listen and address the problem areas. I always leave my sessions feeling relaxed, refreshed and looking forward to the next visit. - Jeff Sansone

My facial with Lori was excellent- very relaxing and not at all harsh or chemical. Lori was attentive to my every need and tailored the treatment personally for my skin. Thank you! - Chelsea Gay

*See website for more testimonials

Reservation/Cancellation Policy

Credit card required to book an appointment. Cancellations less than 24 hours in advance and no shows will be charged in full.

Hours of Relaxation

Monday - Friday 10 am - 7 pm

Saturday & Sunday 10 am - 5 pm

Other times by appointment

SUSI LAURA MASSAGE THERAPY

massage ~ facials ~ body treatments



Treatment Menu

Massage therapists who know that every body is unique. A beautiful setting. Organic skin treatments that purify and revitalize.

Feel good now.

20 Prospect Street
Ridgefield, CT 06877
(203) 438-2900

www.susilauramassage.com
susi@susilauramassage.com

MASSAGE THERAPY

30 Minutes: \$55

75 Minutes: \$120

60 Minutes: \$100

90 Minutes: \$145

Susi Laura Signature Massage: Head to toe treatment beginning with hot towel wrap on feet and hands and a *Farmaesthetics* "Deep Lavender Relief" treatment for hands, feet and legs. A full body massage follows, ending with relaxing face and scalp massage. (75 minutes, \$130; 90 minutes, \$155)

Swedish: light to moderate pressure, long, fluid strokes that will leave you feeling relaxed and at ease.

Deep Tissue: Concentrated work on specific problematic areas. This intense form of massage gets to the root of muscular problems, freeing tight areas and infusing them with a new supply of blood, oxygen and nutrients.

Sports Massage: Addresses the specific muscles used in particular sports and aims to increase range of motion and flexibility. Maintains healthy muscles while training for an event and decreases post event recovery.

Prenatal Massage: Prenatal Massage is a perfect solution to alleviating the aches and pains during pregnancy.

Post Partum: Postpartum Massage addresses the muscles in the arm, neck, back and hip/leg area that may feel tight and tired from carrying your newborn.

Hot Stone: Hot stones placed on specific areas free the muscles for a deeply relaxing massage. (75 minutes, \$130)

Reflexology: Pressure is applied to specific points on the feet. Promotes balance and well-being. 60 minutes, \$100

Healing Touch & Reiki: Energy therapies to restore harmony and balance and open the flow of energy. 60 minutes, \$100

Massage Workshops: Instructional workshops for individuals, couples and groups. Call for pricing.

Prenatal Massage Workshops: Learn how to massage your pregnant partner. Ease her discomforts throughout pregnancy and during labor. Call for pricing.

Chair Massage: Drop-ins welcome.
15 minutes, \$20

Foot Revitalizer: Organic sea salt exfoliation followed by a foot & lower leg massage and hot towels. Add this to a facial or a massage or take this treatment on its own. 30 minutes, \$65.

ADD-ON BODY TREATMENTS

Nettle Head & Hair Scalp Treatment: Therapeutic and moisturizing treatment for the hair and scalp. A relaxing scalp massage.

Hand to Heel Softening Salve:
Moisturizes hands & feet soothing the affects of harsh weather and relieves tired hands & feet.

Arnica Eye Treatment:
Softens fine lines and conditions delicate tissue around the eyes. An excellent treatment for dark circles or puffy eye issues.

Any Add-on: \$25

ORGANIC FACIALS

All facials use organic products. No dyes, talc, synthetic fragrances or artificial preservatives are used.

Dr. Alkaitis Signature Facial:

A detoxifying and balancing treatment for men, women, and teens with normal, sensitive and acne skin. 60 minutes, \$105
75min (full extractions), \$130

Dr. Alkaitis Anti-Aging Berry Whip Facial:

Great for those with dry, mature skin. This facial is rich in anti-oxidants and healing enzymes that will leave you feeling nourished and hydrated.
60 minutes, \$105

Dr. Alkaitis Purifying Enzyme Facial:

This is a deep, purifying enzyme treatment facial that is excellent for sallow, depleted, sun-damaged skin. The exfoliating mask removes the outer most layer of skin by breaking up the 'glue' that joins the dead skin cells together. It will leave your pores refined, skin rejuvenated and firm.
60 minutes, \$105

Farmaesthetics Sweet Milk and Lavender Bud Facial:

A delightfully refined facial treatment to deeply cleanse, exfoliate and wholly hydrate the skin. This proven infusion of powerful herbal anti-oxidants and natural nutrients will address and correct skin texture and tone. Great for teens and adults alike.
60 minutes, \$105

30 Minute Express Farmaesthetics Facial:

For a quick cleanse or combined with a massage, enjoy a cleanse, exfoliation & hydration of the skin.
30 minutes, \$55